

Aroha Aotearoa

leaving our land green and clean

(a presentation by Sharon Mclver)

Aotearoa Aroha

This research project began in the dance zones of Aotearoa dance culture and spread out to distant campsites, breathtaking walkways, and urban beaches. There are very few places you can go in Aotearoa and see no waste. Waste that carries the logos of the corporations who continue to rape our land, and which leaves a story far more detailed than those who toss it carelessly behind bushes and over cliffs would ever assume. Leave no trace of your existence, or we'll expose your existence to the world.

Aotearoa Aroha – it's about loving the land.

Methodology

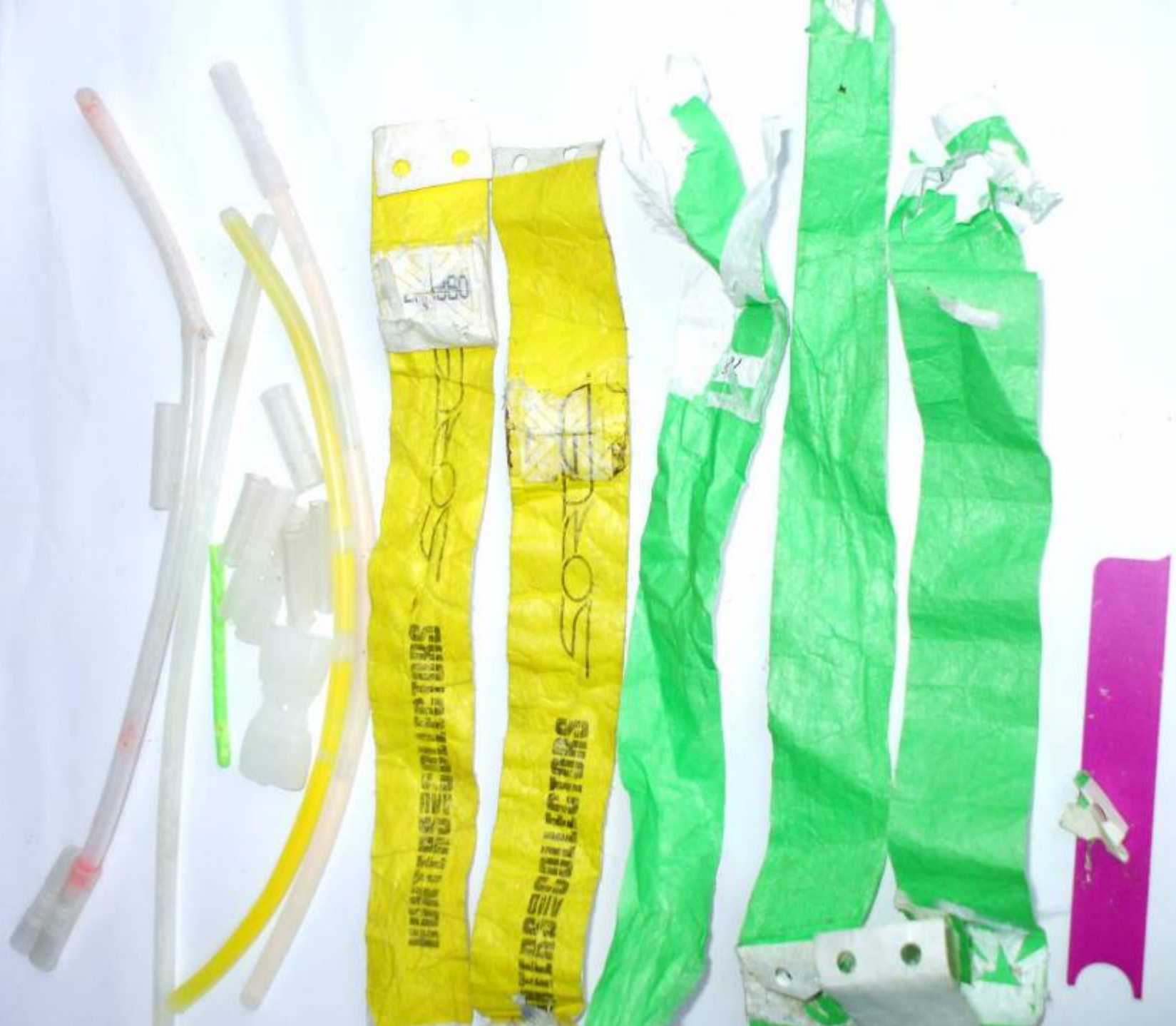
The following is a breakdown of rubbish collected at the Canaan Downs Festival 2007/8 as part of my doctoral research into Aotearoa outdoor dance culture. This festival was chosen for an in-depth analysis because it was a relatively 'clean' festival and the pick was therefore small enough to sort, categorise and photograph. All items shown here were collected after the event had finished and were what was left behind after the main picks had been done by volunteers. As such, much of it is the 'little things' that are not obvious unless you are really looking for them.







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CONVECTION THERMOMETER
FOR USE
This thermometer is used for measuring
the temperature of air, water, and other
liquids. It is used in the laboratory
and in the home. It is used for
measuring the temperature of
the air in the room.
W. H. H. H. H. H.

INSTRUCTIONS
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9 419450 000132
**Nature
Zone**
Pistachios
Ingredients: Pistachios,
May contain traces of green
Best Before 10/04/09

Pam's
California Raisins
100% Natural Raisins
No Sugar Added
Product of USA

IRVING'S
ME
Personal

OGGI

are
ICE PACK
100% WET

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NEW YORK
9 403110 100201

XANABAR
NEW YORK

Packed daily Delivered Fresh
SPINACH
REFRESHED
Packed for You









LIMITED EDITION GIFTPACK

ABSOLUT® DISCO

CONTAINS 1000 ML ABSOLUT VODKA



PLEASE MARK WITH NUMBER BELOW

QUALITY BULK FOOD SERVE YOURSELF AND SAVE

FIRST OPEN



AYURVEDIC RECIPES
OF HINDI TRADITION
YOGI TEA®



DANGER: KEEP BAGS AWAY FROM SMALL CHILDREN. THE FILM MAY CLING TO THE FACE AND PREVENT BREATHING.

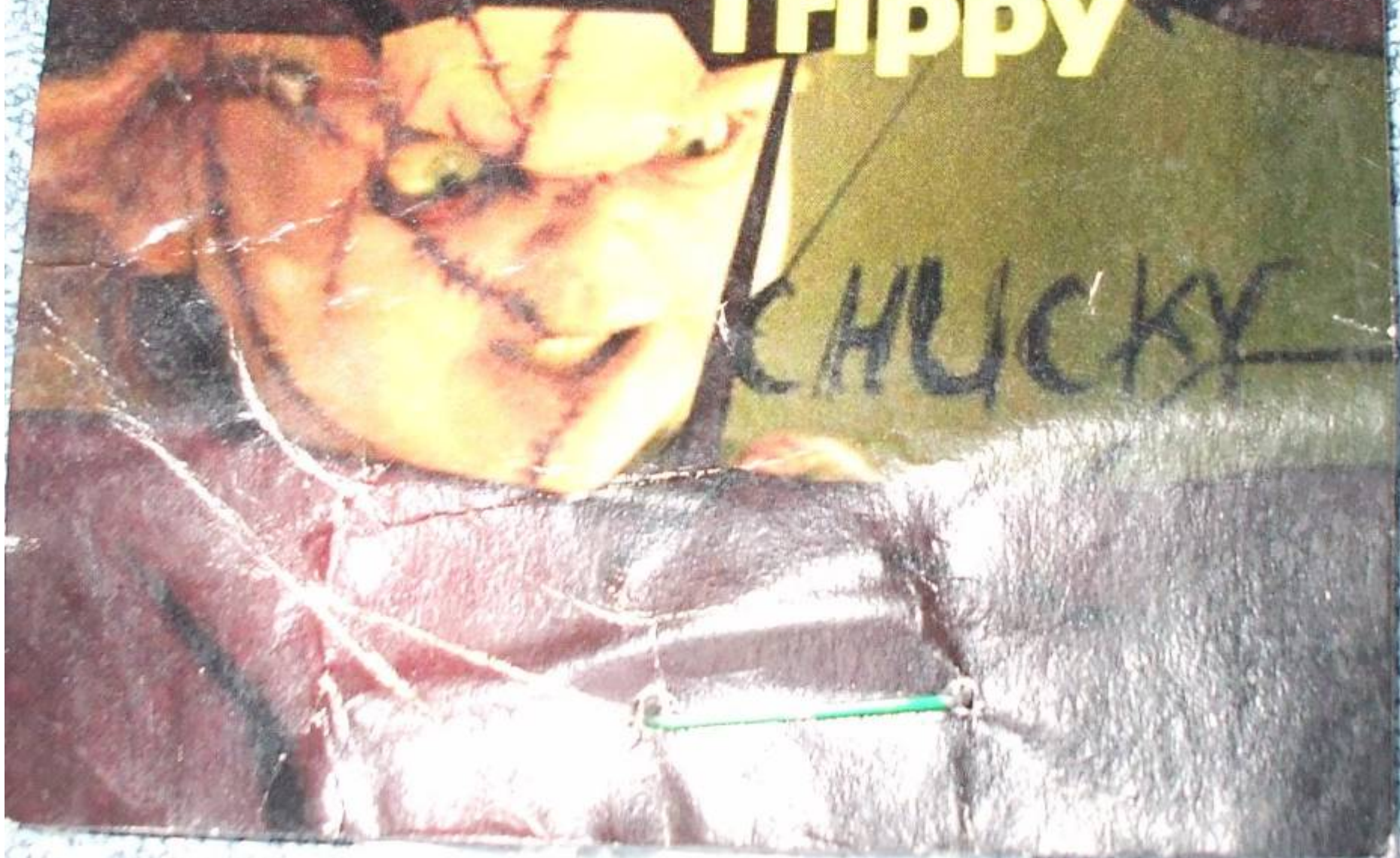
RECYCLABLE



HOPE

CHUCKY

Trippy



Batch Number: 00921067

Expiry: 28 December 2008

200mg TFMPP & 100mg BZP Per Capsule

Recommended Dose 1 Capsule

Take 2 hours after a wholesome meal and drink plenty of water
DO NOT EXCEED RECOMMENDED DOSE

Marketed and Distributed By Wize Marketing

www.wize.co.nz

WARNING

This product contains Benzypiperazine which is a

Class "D" Drug

Do not mix with alcohol or other drugs. Do not take if suffering from a medical Condition or anxiety disorders. Do not take if pregnant or lactating. If in doubt consult your healthcare professional.

Get It Right - Get Out Of It"

Camping Areas: Total 277 items

non-food plastic packaging 14,
bean bag balls 10,
plastic moth 1,
clothing 1,
plastic ties/hazard tape pieces 8,
vodka bottle cover 1,
string/ties 16,
fliers 2,
glow sticks 4,
party poppers 1,
tinsel pieces/ paper streamers 16,
balloon pieces 1,
silly string pieces 60,
plastic bag of rancid butter 1.
Untouchables – 1 bag.

cigarette butts 20,
filters 4,
papers 11,
bottles 2,
cans 3,
plastic bottle tops and pieces 16,
bread ties 5,
foil pieces 11,
no-doz wrappers 3,
candles/wax 2,
mosquito coil 1,
potato chip (not broken down in over
two months storage) 1,
food packaging pieces 36,
chewing gum packaging 5,
cardboard packaging 21,

Dance zone: Total 944 items

cigarette butts 327,
filters 38,
papers 53,
cigarette packets 2,
plastic bottles 2,
glass bottles 2,
plastic jar 1,
cups 4,
aluminium cans 5,
tin (half filled with tuna) 1,
bottle tops/tabs 60,
bread ties 4,
glass pieces 3,
tin foil pieces 41,
polystyrene pieces 12,
bean bag beads 67,

non-food cardboard pieces 68,
food wrappers 73,
gum wrappers 29
tent peg 1,
glo-sticks/pieces 15,
plastic straws 5,
ice cream sticks 5,
lollypop sticks 5,
mirror ball squares (matching those on
novelty Absolut bottle found in
camping zone) 16, balloon pieces 20,
wristbands 7,
cap gun rounds 7,
tarpaulin cut-outs 7,
candle pieces 60,
chalk 3,
pen 1.

The Solution

I have chosen to use litter to illustrate the immense problems of waste because it is only a tiny microcosm of the mountains of landfill we create every year in Aotearoa. You don't have to be a tosser to create waste – most of us do it every time we shop. So how can we reduce our plastic footprint?

Find a solution, one piece of packaging at a time.

General

- Grow your own vegetables
- Forage
- Barter with family and friends
- Bake, preserve, and freeze meals instead of buying processed food
- Shop at Farmers' Markets
- Shop at local vegetable stores, butchers etc and take own reusable packaging
- Shop at bulk bin stores such as Piko, Liberty market, Bin Inn. Take containers to checkout when you arrive and have them weighed and they will take this weight off when you pay for goods.
- Be alert for packaging with layers (e.g. biscuit box)
- Carry a thermal cup with you to use instead of takeaway cups

Plastic

- Stop using unnecessary plastic packaging such as supermarket bags, vegetable bags, bulk bin bags. Take own cloth, net, bread bags etc.
- Look for alternatives such as reusable plastic and glass, or paper that can be composted
- Choose reusable plastic containers that are durable and have re-sealable lids

Glass

- Find glass jars at garage sales, Supershed etc, and use for food storage
- Try and buy reusable glass wherever possible. Look for sturdy lids
- Invest in a 'swappa-crate' or take 2L soft-drink bottles to bottle store to use as riggers
- Cook your own pasta sauces etc. and cut down on unnecessary glass packaging

Metal

- Preserve and freeze food to cut down on tins
- Buy fresh
- Buy beer in riggers, swappa-crates etc.
- Use reseal-able containers to wrap food rather than tinfoil
- Re-use tinfoil as element liners etc
- Read labels on canned drinks carefully and think about what the ingredients will do to your body

Paper

- Stop buying newspapers, or worse, having them delivered. If you must read them, go to libraries or cafes (especially at end of day), or retrieve from recycle bins
- Request banks, Studylink etc. to email correspondence
- Use handkerchiefs rather than tissues
- Refuse serviettes, sugar sachets etc. at cafes
- Avoid McDonald's, KFC, Subway and Burger King at all costs (unless only using amenities)

Communicate

If you don't like a particular company's packaging, let them know. Email them, or if they're local you can take it back to them, and tell them that you will no longer be buying their products and why. By creating a dialogue about packaging with those who are creating it, we will have a better shot at getting something done from the top down. Try and be polite – by attacking the problem positively, we may see some changes made.